

Images in clinical medicine



Pitted keratolysis

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Pitted keratolysis

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Image of medicine

A 35-year-old female patient who works as a maid came to the institutional outpatient department (OPD) of Datta Meghe Institute of Medical Sciences, complaining of slight itching and burning at both soles for the past eight months. Upon general examination, the patient was febrile but otherwise healthy. Pitted keratolysis was determined to be the diagnosis based on clinical characteristics. This condition frequently affects both sides of pressure-bearing areas and is characterised by pits on the stratum corneum (1-3 mm) and irregular erosions or sulci, as well as slimy skin texture and foul-smelling feet. These symptoms and indicators were all noted. The patient was sent to the dermatology OPD for specialist consultation after receiving generalist treatment such as topical antibiotics and

antiseptics, as well as instructions for maintaining sufficient foot cleanliness.



Figure 1: pitted keratolysis